

HAPPENINGS

ISSUE NO. 351

AUGUST 2019

SERVING PORT ST. JOHN & CANAVERAL GROVES



Submissions for publication need to be in before the 18th.

Call 321-633-7499 or e-mail to happenings1@att.net. www.happenings.net

Thunder Is Over - School is Back!

The school year is about to start again for all students at schools on the traditional schedule. Perhaps most important today is that the Sales Tax Holiday will be the first weekend in August, the 3rd, 4th and 5th. Stores will be loading up with bargains on school supplies and clothing to help start your youngster(s) off right.

If you're having trouble getting information on where and when to register your child(ren), or any other questions, call or visit the Brevard Public Schools main office at 2700 Judge Fran Jamieson Way, Viera, 321-633-1000 ext. 500, or email them at csc@brevardschools.org. They're already at work solving problems and helping parents and students.

A huge, heart-felt thank you to all of our golf tournament sponsors and supporters!

Now that our inaugural Thunder Over the Indian River Golf Tournament has concluded, the Port St. John Community Foundation wants to

thank all our generous and loyal supporters and sponsors. The inaugural Golf Tournament could not happen without you!

We're incredibly grateful to **Freedom Air and Heat, Parrish Healthcare and Higginbotham Companies** for their Platinum level sponsorships, as well as **Domino's Pizza and Helen & Mark Deendorf** for their Gold level donation and **HAPPENINGS and Savings Safari** for their Bronze level donations. Another key golf tournament sponsor was Michele Aaron, Realtor. We also thank **Ron Norris Buick/GMC, Giant Recreation World, Brigdawg's, Florida Plumbing, Mutter Real Estate Group, T-Mart Custom Screen Printing, Subway, Indian River Preserve Golf Course and Cindy's Trophies** for their donations.

All proceeds from our Inaugural Golf Tournament go to support The Thunder Over the Indian River Independence Day Celebration which was held on Saturday, July 6th.

We hope you all joined us for this fun, touching and important day and had lots of fun.

Veterans Golf Tournament

Post 893 AMVETS & Medal of Honor Park

Front and center, vets, it's time to play golf!

The tournament will be held at Sherwood Golf Club, 4835 London Town Rd. in Titusville on September 14th. The registration deadline is September 8th.



The tournament will be a scramble format. Player fees are \$160/foursome or \$40 for an individual. Mulligans are \$1. Other events will include door prizes and a 50/50.

Sign up begins at 7 am, followed by a shotgun start at 8:30 am. Lunch will be pulled pork and baked beans and will start at 1:00.

Golf players can get 1/2 price drinks at AMVETS Post 893. Contact Gordon Benson for more information, 717-571-3199.

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PSJ Community Center Schedule - August, 2019

The center is open Mondays–Thursdays from 10 AM to 8 PM, Fridays from 9 AM to 6 PM, Saturday 10 AM-2 PM Schedule is subject to change. For latest information or to register, call 633-1904.

Mondays – Fridays

Summer Camp, 7 a.m.-6 p.m.

Through Aug. 9th.

Seniors at Lunch, 10 a.m. - 1 p.m.

Mondays

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 10 a.m.-8 p.m.

Billiards, 10 a.m.-8 p.m.

Community Cares Aftercare 2:30-6 p.m.

Zumba (Adult Class), 6-7 p.m.

Tuesdays

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 6-8 p.m.

Billiards, 10 a.m.-8 p.m.

20th Girl Scout Troop 1902, 4-5:15 p.m.

27th Girl Scout Troop 276, 6-7 p.m.

Wednesdays

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 10 a.m.-8 p.m.

Billiards, 10 a.m.-8 p.m.

Zumba (Adult Class), 6-7 p.m.

Thursdays

Outside Basketball, 10 a.m.-6 p.m.

Game Room/Computers, 10 a.m.-6 p.m.

Billiards, 10 a.m.-6 p.m.

Fridays

Outside Basketball, 10 a.m.-6 p.m.

Game Room/Computers, 10 a.m.-6 p.m.

Billiards, 10 a.m.-6 p.m.

Saturdays

Outside Basketball, 10 a.m. - 2 p.m.

Game Room/Computers, 10 a.m. - 2 p.m.

For latest information, call 633-1904.

Zumba Classes - Zumba incorporates rhythms of Latin and international music to high energy aerobic/fitness dance movements. Zumba tones the body by integrating basic principles of movement and resistance training. Dancers and long-time exercisers thoroughly enjoy exercising in a healthy, fun environment. Ages 12 years and up. Classes will be held Mondays and Wednesdays from 6-7 p.m. \$5 per class. For more information, contact the PSJ Community Center at 633-1904.

“Community Cares” – After School Program Port St. John Community Center staff will pick up children from Challenger 7 Elementary and Atlantis Elementary every school day and transport children back to the community center. This program will include homework time, snack, and outdoor activities. The cost of this program is \$45 per week per child. Children in grades kindergarten through 6th grade are eligible to participate. Space is limited in this program to a maximum enrollment of 13 children. Register your child by contacting the community center today at (321)633-1904.

Monthly Business Roundtable

The Port St. John (PSJ) Startups & Founders Club meets on the first Wednesday of each month. Business owners and entrepreneurs are welcome to attend. The group shares information on new business opportunities and ways to improve on existing businesses. There is no fee to attend. The next meeting will be on Wednesday, August 7th, 8:00 AM at Port Java in Fay Plaza, 4795 Fay Blvd. See you there!

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Good Day! by Maureen Rupe

Town Homes off of Ranch Road within Quarter Mile of Grissom?

Two proposals on the Brevard County Planning & Zoning Board July 2019 Agenda (items 6 & 7) for a 9.79 acre property just a quarter mile west of Grissom Parkway could change the outlook of the Port St. John area forever. JSFS Land Trust, Jacob Shapiro as Trustee, and Faye Shapiro, as Trustee (Kim Rezanka) is asking for a Small-Scale Comprehensive Plan Amendment to change the Future Land Use designation from Residential 4 to Residential 6. They are also requesting a change of zoning classification from RRMH-1 (Rural Residential Mobile Home) to RA-2-6 (Single-Family Attached Residential).

What's so bad about Single-Family Attached? If passed, we would now have a Town Home designation on our border abutting Ranch Road, which, as Willow Creek is basically part of Port St. John even though officially part of

Titusville, they and we should be upset.



According to the County's P&Z analysis, their report states, "The character of the area is primarily developed single-family residential, with a few acres of commercial zoning along Grissom Parkway just east of the subject property." There is no multi-family zoning in the area and the use does not act as a transition from commercial zoning. I really don't think any of us want to open Port St. John up to townhouses.

I also wish that was the only issue with this development, but the report also made comments on a number of issues. First, the report indicated, "A majority of the property is located within mapped Saint Johns River Water Management District (SJRWMD) wetlands, designated as Florida Land Use, Cover and Forms Classification System (FLUCCS) code 6170 - Mixed Wetland Hardwoods - and has mapped hydric soils classified as Samsula muck. Residential land uses within wetlands are limited to not more than one dwelling unit per 5 acres.

This may be applied as a maximum percentage limiting wetland impacts to not more than 1.8% of the project area for subdivisions and multi-family parcels greater than 5 acres.

I multiplied out 1.8% of 9.79 acres and got buildable area of 0.17622 acres for multi-family parcels, or slightly more than 2/3 of the typical lot in Port St. John. The map on the County report shows seven townhomes, all approximately 50 x 100 feet, which is well over this 1.8% guideline. The county's assessment also stated, "Nearly the entirety of the property is located within a Special Flood Hazard Area as identified by Federal Emergency Management Agency (FEMA)." When you combine the last two factors, it becomes very important how the developer protects both its buildings and neighboring properties from flooding. Both the residents within Willow Creek subdivision and those residents south of Ranch Road have to wonder whether they are going to be flooded due to this development.

Brevard County has an ordinance that states a property cannot flood their neighbors, but the property owners are stuck with trying to collect

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if they suffer flood damage. I cannot understand if the county has analyzed the property and gives permission to develop, and the developer's engineer states they have protections to protect both their residents and the surrounding properties, why don't they give us a guarantee? We get guarantees when we buy a car or an appliance and almost anything else, so why can't we get a guarantee when we buy a house?

The county's report also stated, "The maximum development potential from the proposed rezoning is anticipated to increase the proposed trip generation and could result in 552 trips per day and 44 trips during the PM peak hour. The requested action is not anticipated to create a deficiency in LOS on Grissom Parkway. These additional trips are projected to increase trip generation on the corridor and operate at 65.59% of capacity daily instead of 62.05%, the current capacity."

I know they say it will only increase traffic 3-1/2%, but that is hard to believe, if at the same time they are saying this will increase Grissom traffic by 552 trips per day. The only way any resident in this new development will go just

about anywhere is by Grissom Blvd. Most travel is between 8 in the morning and 8 in afternoon. If you divide 552 trips by 12 hours, you get 46 cars coming in and out of Ranch Road every hour. What do you think Grissom Pkwy. is going to look like with another 46 cars every hour?

Last, "The parcel contains a mapped polygon of SJRWMD Florida Land Use and Cover Classification System (FLUCCS) code 6170 - Mixed Wetland Hardwoods." This means there is a high probability that heritage trees (width of 24" or greater) are on the property, and federal and/or state protected species are probably on the property as well. Too many developments have been bulldozing/clearcutting properties without getting permits or protecting both the heritage trees or protected species.

Reference:

<https://www.brevardfl.gov/docs/default-source/planning-and-development/planning-and-zoning-agenda-2019-07.pdf?sfvrsn=6>

New Port St. John Small Area Study

Brevard County District 1 Commissioner Rita Pritchett is setting up a Committee to take inputs and discuss the current and future Plan-

ning & Zoning within our community. The committee will meet at the Port St. John Community Center, 6650 Corto Road on Thursdays at 5:00 p.m. on the following days:

August 15
August 29
September 26
October 24
November 21
December 12
January 16

This will hopefully change our area for the better for years to come. Please come and give your input on how you would like our community to look in the future.

Flesh Eating Bacteria in Florida Waters

According to a July 2 article in the Tampa Bay Times by Justine Griffin, titled "Flesh-eating bacteria in Florida waters: Three things you need to know," it describes "Necrotizing fasciitis" as a bacterial infection causing skin to decay and tissue to die. It is supposed to be very rare, but doctors are saying it's occurring more often the last couple of years.

cont., next page

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STEVEN ALLENDER

Good Day!, cont.

If you are a healthy adult, you probably can fight it off. According to the article, "It's the elderly, children and people with compromised immune systems or issues like liver disease who are more susceptible to the infection, especially if they have open wounds or lesions. People in these categories should avoid going in warm saltwater or brackish water, hot tubs and swimming pools. They also should avoid eating raw seafood like crab, oysters or sushi." The article explained that washing your hands often will go a long way toward preventing these issues.

Unfortunately, one of every three people catching the flesh-eating disease dies from it. The article stated between 700 and 1200 people per year are infected. Apparently, the infection can be quite painful. The disease releases toxins into the tissue and kills the skin and tissue around your muscles within 12 to 24 hours. First, swelling occurs and then blisters form, turn black and blue, and then tissue starts to die. If you catch the infection, you have flu-like symptoms, fever, cold sweats and dizziness. If severe, you will probably get shock, organ failure or sepsis.

Recovery depends on how fast you get treated, and most people have to have multiple surgeries to remove infected tissue and have to be treated with loads of strong antibiotics.

In Florida, doctors say the strep A bacterial infections are strongest from winter through spring. But warmer waters show this type of bacteria shows up this time of the year and throughout the hurricane season.

Reference: www.tampabay.com/health/flesh-eating-bacteria-in-florida-waters-three-things-you-need-to-know-20190702/

Granite Building Cocoa to Orlando Airport Rail Line

Granite Construction, out of Watsonville, California, was awarded \$505 million to build the 35.5 mile leg of the Virgin Brightline project. The May 24, 2019 article in Railwayindustry.com website, no author given, stated, "The scope of work under the contract includes approximately 525,000 cubic yards of excavation, 5 million cubic yards of embankment fill, 1.2 million square feet of mechanically stabilized earth retaining wall, 2,000 cubic yards of cast in place concrete retaining wall, 18 new bridges,

three underpasses, drainage installations, signal and positive train control installations, high voltage power and gas utility relocations, and the creation of 62 track miles of class VII rail construction.

Construction is expected to begin in summer 2019 and be complete by 2022."

I'll publish more information as it is received.

Reference: WWW.railwayindustry.com/business-news/1.157025-granite-award-ed-505m-higherspeed-rail-project-for-virgin-trains-usa.html?news=157025&bn=1

Why Are Our Palms Dying

In a July 9th Tampa Bay article by Elizabeth Djinis, titled, "Thousands of palm trees are dying from a new disease. Tampa is 'ground zero,'" it warns everyone about something our home has already realized; "Lethal Browning." According to the article, Lethal Browning started in Texas in the 1980's, but also said they confirmed the disease in 2002. The disease is started by a tiny insect called a Plant Hopper. The Plant Hoppers feed on the tree's sap and injects saliva into the tree through their needle-like mouths. The Plant Hopper feeds on a diseased tree and



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carries the disease to a healthy tree, where it can continue to move to other palms.

The Lethal Browning takes a while to kill a palm. It first drops the fruit early, flowers die, and the older leaves start turning brown, and once the youngest leaves die, (the spear leaf), the tree's fate is final. The whole process takes four to five months and currently there is no cure. The first known Lethal Browning in Florida was in 2008 in Tampa, and by 2013 the disease had spread to just about every county from the northern end of Brevard and straight west across to the west coast and all counties going south. We had two mature Queen Palms that died in the back yard that seemed to die like this, but it didn't seem to affect any of our other palms, including another Queen Palm in

our front yard, and we have three or four types of palms in our front and back yards (Saw Palmetto, Sabal Palm, Queen, and Pygmy).

Apparently, the only treatment, which only delays death, is pumping unaffected trees with large doses of oxytetracycline, an antibiotic that is used to treat Acne and Rosacea in humans, into the tree every three or four months. Treatment only delays the disease and costs \$50 per palm every time they're treated. I hope they find a cure before it kills all our palms.

Reference: <http://www.tampabay.com/florida/2019/07/09/thousands-of-palm-trees-are-dying-from-a-new-disease-tampa-is-ground-zero/>
Cheerio,
Maureen Rupe
rupe32927@earthlink.net

Want to Join A Band?

Would you like to learn to play a band instrument? Space Coast Bandies will be starting their new year the second week of August, 2019. The band encourages young people and older people (20's to 70's or beyond) who would like to learn an instrument, or already play and want to participate with other enthusiastic musicians in a friendly group setting. This band is open for all age groups from elementary students through retired people.

The band is affiliated with 4H and meets at the Agriculture Center on Lake Drive in Cocoa Monday evenings. Please contact Liz Hyers at 321-604-6000 for information, or view <https://www.facebook.com/Space-Coast-Bandies-457118741120258/>.



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Congratulations Maureen!

Parrish Medical Center Board Member and community activist Maureen Rupe has been recognized by the National Congress of Black Women as a 2019 Women Who Make a Difference Honoree. NCBW President Alberta Wilson said of Ms. Rupe, “You have been a force within our community working hard to stand up for those who cannot stand for themselves. Your activism helps to make a better community and we recognize your efforts.”



“On behalf of the Parrish Medical Center Board of Directors, I congratulate Ms. Rupe for this outstanding and well-deserved honor,” said Chairman of the Board Herman Cole.

“Maureen’s leadership and guiding principles served to champion Parrish Medical Center as a national leader in embracing environmental sustainability into our healing environments and in how we provide healing healthcare experiences to the people we have the honor to serve,” added George Mikitarian, Parrish Medical Center, president/CEO.

Here in Port St. John there is no city, no town, no recognized political body of any sort. For over 20 years Maureen has been our voice to county, state and federal officials on virtually every issue that affects the residents of Port St. John. On our small scale she has been a writer in Happenings and sponsor of the Christmas

Parade and Thunder Over the Indian River for over 20 years, past President of the Port St. John Home Owner’s Assn. and a member of various other groups from the Brit Club to the League of Women Voters. It is gratifying to see her recognized by others outside our community.

Congratulations and Well Done, Maureen!

Volunteers at Parrish Medical Center Provide Healing Experiences

Parrish Medical Center volunteers have logged more than 2.6 million hours to help, share and give back to our community since 1959. We invite you to join these dedicated and compassionate individuals devoting time and talent to working with patients, their families and hospital care partners.

Auxiliary membership is open to all with a sincere interest in community service and in helping PMC fulfill its mission, vision and values on behalf of the community served. In addition to adult volunteer opportunities, the Auxiliary also has volunteer opportunities for teens, ages 15-19.

PMC’s Auxiliary care partners, through their volunteerism and the revenue generated by the operation of the Pink Angel Gift Shop as well as other fundraising activities, have made meaningful differences in the lives of many people in the community. They serve as helping hands and as compassionate companions to patients in a time of need, award scholarships to area students pursuing higher education and careers in healthcare and contribute to childhood development programs and services, among many other contributions.

“Being an Auxilian at Parrish Medical Center is not only rewarding, it’s fun,” said Martha Larchar, Auxiliary Vice President. “We are honored to donate our time, and fortunate to be able to share our talents, make new friends and grow our skills with others in our community.”

Volunteer positions open now in the PMC Auxiliary. For opportunities visit parrishhealthcare.com/volunteer or call 268-6333 ext. 7182.

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Services are as follows:
Sundays, 10 am and 4:30 pm
Social time always follows service on Sundays.

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Cub Scout Information Night

Information nights will be held on August 20th, 6 pm at Atlantis Elementary and September 10th, 6 pm at Sculptor Charter School.



Cub Scouts is a family organization for ages kindergarten through 5th grade. Cub Scouting is part of the worldwide Scouting movement and aims to promote character development, citizenship training and personal fitness. Cub Scouting is more than just an activity. It's adventure, learning and discovery around every corner. From STEM to exploring the outdoors, your child will be on the path to discovering their very best "future self" and they'll have fun doing it!



Find out more on August 20th at Atlantis Elementary School, 7300 Briggs Ave., Port St. John or September 10th at Sculptor Charter School, 1301 Armstrong Dr., Titusville. For more information, email: psjpack359@gmail.com.

Is your child in 6th grade or above? There will also be representatives from Scouts BSA to help you find a Boy Scout troop.



Jess Parrish Medical Foundation Announces Karla Foster, RN, Scholarship Recipient

Jess Parrish Medical Foundation awarded the 2019 Karla Foster, RN, Memorial Scholarship of \$3,000 to Emily Hurley, a Parrish Medical Center registered oncology nurse.

The scholarship was established by Doug Foster in loving memory of his wife, Karla, who was a nurse at Parrish Medical Center for more than 22 years.

Hurley is currently pursuing a bachelor of science in nursing at Eastern Florida State College. "I am looking forward to pursuing a career as an advanced practice registered nurse (APRN) and continuing to grow by obtaining a higher level of education. Helping patients through the most difficult time in their lives and providing them compassion and respect as they heal in their plan of care is what drives me to be a better nurse," stated Hurley. "I am sincerely grateful to Jess Parrish Medical Foundation for awarding me this scholarship."

"Emily has distinguished herself through community service, impeccable detail with patient care, an uncompromised work ethic and constant pursuit of excellence as a RN and especially in the nurse oncology field," said Alexandra Gutierrez, director of community and corporate education at Parrish Medical Center. "I am confident that Emily will grow from the education she will be afforded from the Karla Foster, RN, Memorial Scholarship, and will continue to give back to our community through her healing work."

For more information, please contact Jess Parrish Medical Foundation at 321-269-4066 or visit parrishmedfoundation.com.

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Monthly Tax Update

Wow, August is already here and did you know September is the month with the highest chance for hurricane development? This month I'm going to discuss something not necessarily tax information, but it has a connection and it involves your hurricane preparation.

This should have already been completed, or at least it's now time for you to think about it. Planning what to do is an important part of being prepared and this includes safeguarding your financial records. Most of us receive our bank statements and documents by e-mail. This method is an outstanding way to secure financial records. Important tax records such as W-2s, tax returns and other paper documents can be scanned into a data file and put on a thumb drive.

Additionally, you should be sure to back up your other files and store them in a safe place. Making duplicates and keeping them in a separate location is another good business practice. Also, many retail stores sell computer software packages that you can use for recordkeeping.

When choosing a place to keep your important records, convenience to your home should not be your primary concern. Remember, a disaster that strikes your home is also likely to

affect other facilities nearby, making quick retrieval of your records difficult and maybe even impossible. For other information, you can go to irs.gov and review Publication 584, Casualty, Disaster, and Theft Loss Workbook for individuals, and for businesses you should review Publication 584-B, Business Casual, Disaster, and Theft Loss Workbook. In these workbooks, you'll find a number of lists for you to make an inventory of your property. This will help you recall and prove the market value of items for insurance and casualty loss claims.

One option is to photograph or videotape the contents of your home and/or business, especially items of greater value. You should store the photos with a friend or family member who lives away from the geographic area at risk.

If you own a business, your planning now will improve the likelihood your company will survive and recover. Review your emergency plans annually. Just as your business changes over time, so do your preparedness needs. When you hire new employees or when there are changes in how your company functions, you should update your plans and inform your people. There are real benefits to being prepared for disasters.

The following preparedness strategies are

common to all disasters. You plan only once, and you're able to apply your plan to all types of hazards. A couple of recommendations include: Learn how to handle hazards and emergencies, develop an emergency plan, back up your computers regularly, prepare a family/employee communication plan and check your disaster supplies kit.

And, most of all, make sure you have a means of receiving severe weather information. A NOAA Weather Radio is the best advice, but any radio may do. Just remember to put fresh batteries in it. This way you'll know what you should do if threatening weather approaches.

This is just a brief overview. Further details and specific questions may be obtained by contacting your tax advisor or our office.

Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

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Is Your Vehicle Ready?

We are well on our way into hurricane season, and with hurricane season comes prepping!

Often, when prepping for hurricane season we focus our attention on protecting our house and gathering basic supplies needed to outlast the storm. Many of us forget about our vehicles and the importance they may serve in getting you and your loved ones to safety.

Here are 4 tips to prepare your vehicle for hurricanes.

1. Car Maintenance - Most importantly, you will want to make sure you're keeping up with your vehicle maintenance throughout the year. If you haven't, you will want to do a basic check yourself if you are mechanically inclined, or take it to a trusted mechanic to do this for you. If you need to evacuate you're going to need to make sure your vehicle is in top shape for a trip to safety.

You will want to check your car's fluid levels: oil, transmission, brake, power steering, coolant and windshield wiper fluid. Additionally, check the tire pressure, batteries, AC/heating, hoses and belts. It would be smart to have your spare tire checked as well!

2. Keep Your Car Fueled - Don't forget to fill up your gas tank. Not only will you have to pay a higher price, but you could miss out entirely on filling up your car due to gas shortages. Additionally, you should fill up gas appropriate canisters for long trips.

3. Emergency Kit - Weather conditions can change in the blink of an eye, so it's best to be prepared with an emergency kit for your vehicle in case you have to evacuate. You can buy pre-made kits or design your own! Here is a list of some common items you may need. Make sure

you do your own preparations as well.

- First-aid kits and any medications family members may need.
- Ponchos for every member in the family
- Flashlight with extra batteries
- Food you can eat without cooking
- Portable water and water purification tablets
- Radio with batteries

4. Park In A Safe Location - It would be best to find a safe location to park your car if you are leaving it behind. Your garage is an excellent option. If this is not feasible, look for a location that is a safe distance away from trees, telephone lines, signage, loose debris, light poles, etc. Anything that could potentially fall on your car, you want to stay far away from. Another option is to secure your car with a tarp and park it on the side of a building. This will at least provide some protection.

- Thanx to Launch Federal Credit Union

Parks & Recreation Meeting

The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, August 8th, 2019, at 5:00 p.m. The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend.

The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center-North.

For questions, call Jeff Davis at the North Area Parks and Recreation Office, (321) 264-5105.

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DOLLY'S DREAM

The Brevard Humane Society is extremely excited to announce their new partnership with Dolly's Dream. The focus of this adoption program is to help bully breed dogs meet their perfect, forever families by spotlighting and raising awareness of this amazing breed which unfortunately is frequently overlooked by potential adopters.

"This partnership is a true "dream" come true for homeless dogs in our community," stated Theresa Clifton, Executive Director of the Brevard Humane Society. "It is a significant step towards breaking the stereotypes associated with bully breed dogs and to aid in reducing the number of homeless dogs populating our facilities. Every dog is evaluated and deserving of a loving, forever home, Dolly's Dream helps further support our effort by sending them into the right homes with the right tools needed to let their true, loyal and playful personalities emerge."

The program began in July. There will be two eligible Dolly's Dream dogs featured at a time. Each dog selected will be current on their vac-

inations, spayed/neutered, and microchipped.

"We know that opening your home to a new furry family member can be stressful, especially when trying to help him or her acclimate to a new environment," said Cocoa Adoption Center Manager, Gina Burnette, of the Brevard Humane Society. "Thanks to a very generous grant from the Levitz Family Foundation, the Brevard Humane Society can now equip the adopters of Dolly's Dream dogs with the essential tools necessary for a smoother transition: a training crate, a leash and collar, food and water bowls, a 6 month supply of Heartgard and Nex-Gard, plus obedience/behavior training."

The next step in helping to restore the image of bully breed dogs is to actively visit the Brevard Humane Society Adoption Center located at 1020 Cox Road in Cocoa to meet one of the extraordinary dogs featured in the program! For more information about Dolly's Dream, please visit: www.brevardhumanesociety.org/dollys-dream.

I think it's pretty cool how Chinese people made a language entirely out of tattoos. ;-)

Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host Singles/Couples Ballroom Dances on Saturday, August 10th and 14th. Music will be provided by Janice and Rene.



For both dances, doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m. Free snacks, BYOB. Adults of all ages are welcome. The cost is \$6; \$5 for members.

Adults of all ages are welcome to our dances. MASC is located at 1025 S. Florida Ave., Rockledge. Call Martin Andersen Senior Center at 321-631-7556 for more information.

Answering machine message:

"I am not available right now, but thank you for caring enough to call. I am making some changes in my life. Please leave a message after the beep. If I do not return your call, you are one of the changes."

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Calling All Christian Authors!

Dynamic writers group in Cocoa, FL offers training, critiques, and paid writing opportunities. (2nd Sundays, 2-4:30 PM at Cocoa Library.)

Contact Contact S. Friscea at sfriscea@gmail.com for information. Print "Writers Group" in Subject.

Central FL Accordion Club

The Brevard Chapter of the Central Florida Accordion Club (CFAC) holds its regular meeting the last Sunday of every month.

Members and guests are invited to play accordions or other instruments.

The next show will be held on Sunday, July 28th, 2:00-5:00 p.m. at Elks Lodge #1532, 315 Florida Ave., Cocoa. The event is open to the public. Admission is free.

CFAC is tax exempt under Section 501c4 of the Federal Tax Code. The club is dedicated to promoting the visibility and value of the accordion as a multi-cultural musical instrument in Central Florida. For more information, contact Rod Hall, 866-455-2322.



Parrish Medical Center Offers Free Community Support Groups

Parrish Medical Center is offering free support groups for community members living with various health issues. See the upcoming August 2019 support groups listed below:

- AWAKE Sleep Disorders Support Group: Monday, August 12, 6-8 p.m., Parrish Healthcare Center, 5005 Port St. John Parkway, Port St. John
- Caregiver Support Group: Thursday, August 1 and 15, 9:30-11:30 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Caregiver Academy: Thursday, August 8, 10-11 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Diabetes Support Group: Thursday, August 8, 3:30-5 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Fearless Café: Wednesday, August 7, 10-11 a.m., Heritage Hall, 931 N. Washington Ave.
- MAK Gathering (Moms and Kidz) Support Group: every Monday and Wednesday (August 5, 7, 12, 14, 19, 21, 26 and 28), 10-11:30 a.m., The Children's Center, 5650 S. Washington Ave., Titusville
- Parkinson's Support Group of North Brevard: Thursday, August 15, 2-4 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Pulmonary Hypertension Support Group: Tuesday, August 13, 3-5 p.m., Grace United Methodist Church, Merritt Island
- Stroke-Heart Survivors Group: Tuesday, August 20, 2-4 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Parrish Partners Cancer Support Group: Monday, August 19, 4-5:30 p.m., Parrish Medical Center, 951 N. Washington Ave., Titusville

The support groups are free, but space is limited. For more information, and to preregister, visit parrishhealthcare.com/events.



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REMODELED. New roof in May, 2018. Fresh paint inside and out. New carpet. New doors. New water heater. Stainless appliances. Need more? Relax and enjoy your 12' x 12' in-ground pool or just enjoy a cool drink on the screened porch. The back yard is privacy fenced, the sprinkler system is on a well, Window World windows have transferable warranty, new garage door, breakfast nook, extra parking on gravel drive. Come see your new home!

Randy Rodriguez

321-631-2128

Cell: 863-7499



4 BR/2 Bath \$239,900

Sooo much home and so much charm... Four bedrooms; 2 are master and 1 is separate and makes a great office/den, too. Wired internet available in 3 bedrooms. Master Suite has 11 x 8 walk-in closet/changing room. Master bath has granite countertop. Eat-in kitchen has a pantry and breakfast bar. Appliances are 2 years young or newer. 35 x 12 screened porch has concrete block knee wall, easily enclosed. Yard has sprinkler system, separate well and pump. Lots of fruit trees! 2-car garage.

COMMUNITY CALENDAR

Alcoholics Anonymous meets in PSJ on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM at 4797 Curtis Blvd. (St. Patrick's Church). **Overeaters Anonymous** meets in PSJ on **Saturdays** at 9:30 AM at the PSJ Library. Visit oaspacecoast.org for other meeting locations.

Nar-Anon: Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 PM at 1st United Methodist Church, 825 Forrest Ave., Cocoa www.naranonfl.org.

8-2 International Beer Day

8-6 Compassionate Friends Support Group meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

8-7 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

8-7 PSJ Startups & Founders Club, a group for new business owners and entrepreneurs, meets on the 1st Wednesday of each month at

the Port Java in Fay Plaza. We'll begin our program at 8 AM. The Port St. John internet site can be viewed at www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/.

8-8 Canaveral Groves Homeowners, Inc. meets on the 2nd Thursday of each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy. in the Groves.

8-9 Hajj Begins

8-9 Brevard Women's Connection meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Mary at 636-4713 or e-mail her at mdean44@cfl.rr.com.

8-11 Eid Al Adha Begins

8-11 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

8-11 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelagardnerwrites@gmail.com for info.

8-11 Calling all Christian authors! Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa library). Contact D.P. Clarke at lroyaldy@gmail.com for more information. Print "Writers Group" in Subject.

8-12 Moonport Modelers RC Club meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

8-21 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 268-1632 for assistance with your membership or information.

8-23 PSJ Business Connections Luncheon, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

8-27 Moonlight Quilters Guild meets at the

North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month. Meet and greet & refreshments at 6:15, meeting at 6:30 usually followed by show and tell or a guest speaker. Call 321-720-6232 or 321-720-1584 for more info.

8-30 Islamic New Year

Congratulations to:

Wayne Weathers turns crazier this month!

Jamie Hagar turns **28** on the 3rd.

Chase Turner turns **18** on the 4th.

Amber Santoso turns **22** on the 4th.

Cher Turman turns cuter on the 7th.

Nicholas Moore turns wiser on the 8th

Laura Davis turns **14** on the 9th!

Toyia Nguyen turns prettier on the 10th.

Mason McGann turns **13TEEN** on the 11th!

Brittany Osburn is the Queen on the 12th.

Dillon DeVane turns **18** on the 12th.

Angie Anthony parties wild on the 12th.

Marty Grinstead turns **57** on the 15th.

Sally Blum turns **26** on the 16th.

Austin Travis turns **37** on the 16th.

Kyle Maxwell turns **18** on the 16th.

Chase & Alex Turman turn **21** on the 18th.

Terri & Tera Nguyen turn hotter on the 20th.

Marty Kline turns wiser on the 24th.

Michael Lapardo turns more handsome on the 25th!

Tommy Nguyen rocks the night on the 27th.

Ashley Mae turns **15** on the 31st.

Randy & Cathy Rodriguez celebrate **43** years on the 1st.

Sam & Sharon Brown celebrate the beginning of another wonderful year together on the 12th.

Louis and Deborah Pierce celebrate 46 years on the 18th.

Louis and Deborah Pierce will celebrate **46** years of marriage on the 18th.

Charlie and Debbie DiMaria celebrate **34** years on the 19th!

Trisha and Scott Orend celebrate **26** years on the 28th.

Brett and Patty Benoff celebrate their 21st on the 30th.

We have lots of room for more good news.

Fax your inputs to 633-4313 or email to happenings1@att.net.

Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Walter Butler Community Ctr	-433-4448
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
www3.fdle.state.fl.us/sexual_predators/	

Axumin PET Scans

Parrish Medical Center announces the addition of the first FDA-approved Axumin labeled Positron Emission Topography (PET) imaging agent that has the ability to detect local or distant recurrence with a single PET/CT scan. For men with suspected prostate recurrence, based on elevated prostate specific antigen (PSA) blood levels following prior treatment, Axumin has the ability to locate cancer at the cellular level. This advancement in imaging may assist with earlier detection and localization resulting in a change in treatment management.

“This test allows us to detect recurrent or metastatic cancer earlier so that we can use newer, effective therapies earlier and improve patient outcomes,” said Parrish Healthcare Urologist Mark R. Licht, MD.

Over 30% of men treated for primary prostate cancer will experience biochemical recurrence within 10 years¹. Of those men, over 30% will develop metastatic disease within 8 years¹. The most commonly used imaging procedures have low detection rates, may not detect small tumors less than 1 cm in size or when PSA levels are less than 10 ng/ml, are difficult for everyday use and may require multiple scans to evaluate. The safety and efficacy of this injected diagnostic agent was confirmed in a retrospective multicenter study, showing that in patients with histological confirmation of extraprostatic disease (clinically localized prostate cancer), the scan correctly identified the lesion in over 90% of the cases².

“Axumin is advancing the way we detect and treat prostate cancer,” said Parrish Cancer Center/OMNI Healthcare Oncologist Craig K.

Deligdish, MD. “We’re excited to provide this service to Brevard County and to provide more effective treatment that can increase survival rates.”

PMC offers this PET/CT with Axumin scan Monday-Friday. For more information or to schedule your appointment with a physician order, please call 321-268-6150.

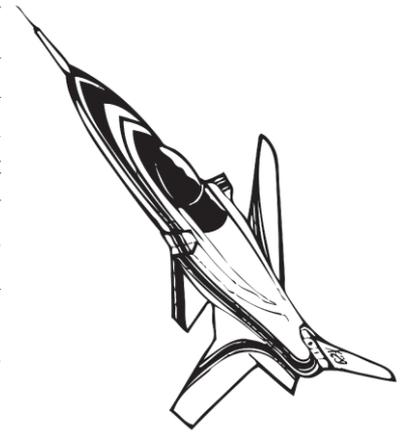
Experimental Aircraft Association Chapter 724

EAA 724’s next meeting will be on July 10th in the club house on Merritt Island Airport at 7:30pm. If you have a passion or interest in aviation, then EAA 724 will bring you closer to the action. You don’t have to be a pilot or aircraft owner to enjoy our group. Our chapter is a mixture of pilots, wannabe pilots and non-pilots. If you like aircraft and aviation you are welcome. Each month we have an interesting speaker and lots of hangar flying.

The airport is approximately 2 miles south of SR 520 on Courtney Parkway. Turn off Courtney onto the airport and then bear right. Across from the Fire House is the club house with the EAA logo on the end of the building.

Contact us at www.eaa724.org.

President Dwight Bell



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Rose's Room

~ Rose Padrick

Spending a beautiful Florida afternoon in the company of four generations of our large extended family comes close to overwhelming me with happiness, and since this year's celebration of the anniversary of my birth is a big one, we are returning to days of old. My wonderful family has arranged a whole day on the water inner-tubing, eating, swimming, eating, fishing, eating, boating, and did I mention eating?

While this is going to be an epic day, there is a shadow snaking along the outer edges of my sun-filled world. There is all manner of advertising to warn us about the "Changes of The Ages." We learn about wrinkles, spider veins and parts of our anatomy heading south. Entire books have been written about hot flashes and mood swings.

I have recently noticed a few new developments that I was not forewarned about. At least I don't think I was, but then I seem to remember something about your memory coming and going — I think.

I used to have lips. I really miss them. I can't quite place exactly when I noticed my mouth was reduced to a long thin line surrounded by many short lines, but it had to be recently.

There was a time when my tightly pressed lips combined with one upraised eyebrow would strike fear in the heart of whichever one of my children was doing whatever they were not supposed to be doing at that moment.

OK, maybe not fear, but certainly dread — sometimes.

Eyebrows disappear also. As a matter of fact, all hair above the nose thins as fast as the years add up. While below the nose, moustache, chin hairs and neck hairs proliferate like bunnies in spring.

Feet develop lives of their own; toes begin to lean one way or the other. One day I noticed my wet footprints resembled those of a Sasquach and wondered where my arches went. Not to mention I haven't seen my ankle bones in so long the only way I know I have them is I whack them on the bed frame once a week or so. This exercise keeps me limber enough to hop on one foot while grasping the other and does wonders for my vocabulary skills.

I may creak and groan from time to time, but as long as my flat feet are still able to carry my thin lips far enough to kiss a young grandson's boo boo, and my bald eyebrows able to reach toward the ceiling when I gaze upon my college age granddaughter's 'My Space' site, I will be using all three - and a lot more - to the best of my ability.

This time I'm actually going to reach out to the Red Hat Club and actually join... Lord knows I fit the criteria...age. Therein lay the Ben-Gay. I KNOW I'm old...but I don't want to know I'M OLD!

Being born in the cusp between the 'All Good Women Grow Up To Be Nurses' generation and the 'If It Feels Good, Do It' generation, I have been proud to be part of changes such as Womens Lib and have never had time to worry about what people think.

It was our generation that put matches to undergarments and we got things done! I can't help but think that if we had a good cause we could do it again. It doesn't take much imagination to picture a platoon of wrinkled Grammys...body parts in question having gone south many moons ago... marching on Washington.

We could have the world in our pockets. Of course we would probably forget what we did with it and end up running it through the spin cycle. But we would overcome again!

Our generation has challenged and changed every facet of life as it was known in the day our mothers met us at the door with warm cookies. I dare say most changes were brought about by young wives and mothers.

You would think with all that changing and challenging going on we would have come up with a way to change calories from chocolate into mini wrinkle erasers or at least challenge fat cells from multiplying like bunnies on our thighs.

The ad campaign would begin with "Eat Hershey, it's the right thing to do."

So now after all that underwear igniting and overcoming, those self-same ladies are stowing their A.A.R.P. cards and rocking chairs and having pajama parties in red hats. They are walking poster children for "Age is just a number."

My double digit numbers have been starting with 6's for a while now. I admit I am no longer a spring (or summer) chick and I usually embrace fun where I find it, be that on my knees in the sand with a two year old or in a red hat with a sixty-two year old.

I encourage everyone reading this to do the same. Life is way too short to be hung up on numbers.

I'm still working on the fat-cell-chocolate-wrinkle thing.

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Port St. John Public Library

6500 Carole Ave., Port St. John

Lena Penna, Director

(321) 633-1867

August Calendar of Events

Mon., Tues., Fri., 9 am - 5 pm; Wed., 12 - 8 pm;

Thurs., 10 am - 6 pm; Sat., 10 am - 2 pm

Senior Games: Tues, 11am-3pm, Bring friends, a favorite game and snacks!

SHINE - Serving Health Insurance Needs of Elders. Tues, 12 pm-3 pm & Weds, 1-4pm, Call for an appointment: 321-222-7981

Yarn & Needlecraft Club - Fridays 2-4 pm. Knit, crochet and needle arts. Sit, talk and create. All ages & abilities. Want to learn? We can help!

Overeaters Anonymous meeting - Sat, 9:30-10:30 am

Meetings and Events:

Aug. 14, 6:30-7:30 pm, NASA Apollo Mission 50th Anniversary discussion series.

Aug. 14, 6:30-7:30 pm, The Bookworms Adult Book Discussion Group.

Aug. 23, 5:30 pm, Adult Craft Night. Call for craft description. 321-633-1867.

Children, Tweens and Teens:

Infant Laptime. Tuesdays, 9:15am. Begin on 8/13. Songs & Stories, Ages 3-24 months.

Tuesdays, 3:30 pm, **Brick by Brick: LEGO free play.** Ages 5-10.

STIR. Storytime for Independent Readers. Thursdays, 3:30 pm. Ages 6-12.

Preschool Storytime. Fridays, 10:30 am. Begin on August 16. Stories, songs, crafts. Ages 2-5.

Aug. 20, 10:30 am.

Help Me Grow Florida event for caregivers & kids. Free.

Aug. 22, 3:30-5:30 pm, **Star Wars themed Family Fun!** Games, crafts, snacks, Free. Costumes encouraged, but please no blasters, light-sabers or weapons of any type.

Port St. John Pokemon Club. 8/9 & 8/23, 10 am-12 pm, regulated game play. All ages.

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"A Second Reality" Exhibit

The Studios of Cocoa Beach, 165 Minute-man Causeway in downtown Cocoa Beach has invited 10 guest artists to challenge the notion of reality. Another way to look at the world.... More abstract? Fantasy? A heightened sense of color? You're sure to come away with a new way of looking at the world after viewing their art in several media; painting, photography, digital art, and mixed media. On Friday July 26, 2019 from 6 to 9 pm there will be a reception celebrating the exhibit and announcing awards.

Participating artists include Helen Wheatly, Susan Carden Flicker, Robby Corr, Alan Metzger, David Cruely, Pete Steenland, Barry L Schoenholz, Karin Delagi, Cheryl Howard and Cristina de Guillot. The show will be judged by Cocoa Beach artist Mike Moffet.

The evening includes wine and food bites and a free drawing for a work of art by Studio artist Patty Corapi. The reception is an opportunity to talk to the exhibit artists and also meet many of the Studio resident artists who present paintings, photography, fiber art, ceramics, jewelry, sculpture and more.

The exhibit will be on display daily from July 26 through September 23 at the Studios of Cocoa Beach. This non-profit, co-op gallery presents the work of 30 local artists and offers workshops and classes for adults and children in a variety of techniques. The Studio is open Monday 10:30 am-3:30 pm, Wednesday through Saturday 10:30 am-8 pm and Sunday 11 am to 4 pm. For more information on the exhibits, artists, and the workshop schedule, call 321-613-3480 or visit the website: www.studio-sofcocoabeach.org.

Did You Know...?

Did you know that our local library is part of the much larger Brevard County Library System? This avails everyone of all the programs and services that are available at every library in the county. Port St. John Library has a very active children's program, adult activities program, movie lending, used book sales, Friends of the Library group and adult book club and much more. Stop by the library and check us out!

Sponsored by Friends of the Port St. John Library

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Free Community Presentation Celebrating Motherhood

Parrish Medical Center is offering a free community health presentation celebrating motherhood as part of its HealthBridge series. Celebration for Mommy and Me is scheduled Wednesday, August 14 at Crescent Coffee Company, located at 311 S. Washington Ave. in Titusville, from 5-7 p.m.

The event is free, but space is limited. Snacks will be served. For more information and to preregister, call 321-268-6156 or visit parrish-healthcare.com/events.

Rita Jordan, PMC lactation consultant, will be there to share tips and discuss mothering wisdom with new and expectant moms as well as experienced moms. Babies are welcome!

National Active and Retired Federal Employees Association (NARFE)

NARFE Apollo Chapter 1137 meets monthly on the 2nd Monday of each month at Kay's BBQ on SR 520 in Cocoa. You are invited to join us for lunch at 11:30 and an interesting speaker at 12:15. No reservations required. Our website address is www.NARFE.org/Chapter1137.

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Neighborhood Hazard... Or: Why the Cops Won't Patrol Brice Street

I never dreamed slowly cruising through a residential neighborhood could be so incredibly dangerous!

Studies have shown that motorcycling requires more decisions per second, and more sheer data processing than nearly any other common activity or sport. The reactions and accurate decision making abilities needed have been likened to the reactions of fighter pilots! The consequences of bad decisions or poor situational awareness are pretty much the same for both groups, too.

Occasionally, as a rider I have caught myself starting to make bad or late decisions while riding. In flight training, my instructors called this being behind the power curve. It is a mark of experience that when this begins to happen, the rider recognizes the situation and, more importantly, does something about it. A short break, a meal or even a gas stop can set things right again as it gives the brain a chance to catch up.

Good, accurate, and timely decisions are essential when riding a motorcycle, at least if you want to remain among the living. In short, the brain needs to keep up with the machine.

I had been banging around the roads of west Texas and as I headed back into Dallas, found myself in very heavy, high-speed traffic on the freeways. Normally, this is not a problem, I commute in these conditions daily, but suddenly I was nearly run down by a cage that decided it needed my lane more than I did. This is not normally a big deal either, as it happens around here often, but usually I can accurately predict which drivers are not paying attention and avoid them before we are even close. This one I missed seeing until it was nearly too late, and as I took evasive action I nearly broadsided another car that I was not even aware was there!

Two bad decisions and insufficient situational awareness, all within seconds. I was behind the power curve. Time to get off the freeway.

I hit the next exit, and as I was in an area I knew pretty well, headed through a few big residential neighborhoods as a new route home. As I turned onto the nearly empty streets I opened the visor on my full-face helmet to help get some air. I figured some slow riding through the quiet surface streets would give me time to

relax, think, and regain that edge so frequently required when riding.

Little did I suspect...

As I passed an oncoming car, a brown furry missile shot out from under it and tumbled to a stop immediately in front of me. It was a squirrel, and must have been trying to run across the road when it encountered the car. I really was not going very fast, but there was no time to brake or avoid it. It was that close.

I hate to run over animals and I really hate it on a motorcycle, but a squirrel should pose no danger to me. I barely had time to brace for the impact.

Animal lovers, never fear. Squirrels can take care of themselves!

Inches before impact, the squirrel flipped to his feet. He was standing on his hind legs and facing the oncoming Valkyrie with steadfast resolve in his little beady eyes. His mouth opened, and at the last possible second, he screamed and leapt! I am pretty sure the scream was squirrel for, Banzai! or maybe, "Die you gravy-sucking, heathen scum!" as the leap was spectacular and he flew over the windshield and impacted me squarely in the chest.

Instantly he set upon me. If I did not know better I would have sworn he brought twenty of his little buddies along for the attack. Snarling, hissing, and tearing at my clothes, he was a frenzy of activity. As I was dressed only in a light t-shirt, summer riding gloves, and jeans this was a bit of a cause for concern. This furry little tornado was doing some damage!

Picture a large man on a huge black and chrome cruiser, dressed in jeans, a t-shirt, and leather gloves pattering maybe 25 mph down a quiet residential street and in the fight of his life with a squirrel. And losing.

I grabbed for him with my left hand and managed to snag his tail. With all my strength I flung the evil rodent off the left of the bike, almost running into the right curb as I recoiled from the throw.

That should have done it. The matter should have ended right there. It really should have. The squirrel could have sailed into one of the pristinely kept yards and gone on about his business, and I could have headed home. No one would have been the wiser.

But this was no ordinary squirrel. This was not even an ordinary pissed-off squirrel.

This was an evil attack squirrel of death!

Somehow he caught my gloved finger with one of his little hands, and with the force of the throw swung around and with a resounding thump and an amazing impact he landed square on my back and resumed his rather anti-social and extremely distracting activities. He also managed to take my left glove with him!

The situation was not improved. His attacks were continuing, and now I could not reach him.

I was startled to say the least. The combination of the force of the throw, only having one hand (the throttle hand) on the handlebars, and my jerking back unfortunately put a healthy twist through my right hand and into the throttle. A healthy twist on the throttle of a Valkyrie can only have one result. Torque. This is what the Valkyrie is made for, and she is very, very good at it.

The engine roared as the front wheel left the pavement. The squirrel screamed in anger. The Valkyrie screamed in ecstasy. I screamed in, well, I just plain screamed.

Now picture a large man on a huge black and chrome cruiser, dressed in jeans, a slightly squirrel torn t-shirt, and only one leather glove roaring at maybe 70 mph and rapidly accelerating down a quiet residential street on one wheel and with a demonic squirrel on his back. The man and the squirrel are both screaming bloody murder.

With the sudden acceleration I was forced to put my other hand back on the handlebars and try to get control of the bike. This was leaving the mutant squirrel to his own devices, but I really did not want to crash into somebody's tree, house, or parked car. Also, I had not yet figured out how to release the throttle; my brain was just simply overloaded. I did manage to mash the back brake, but it had little affect against the massive power of the big cruiser.

About this time the squirrel decided that I was not paying sufficient attention to this very serious battle (maybe he is a Scottish attack squirrel of death), and he came around my neck and got IN my full-face helmet with me. As the faceplate closed partway and he began hissing in my face I am quite sure my screaming changed tone and intensity. It seemed to have little affect on the squirrel however.

The rpm's on The Dragon maxed out (I was not concerned about shifting at the moment) and her front end started to drop.

Now picture the large man on the huge black and chrome cruiser, dressed in jeans, a very ragged torn t-shirt, and wearing one leather glove, roaring at probably 80 mph, still on one wheel, with a large puffy squirrel's tail sticking out of his mostly closed full-face helmet. By now the screams are probably getting a little hoarse.

Finally I got the upper hand! I managed to grab his tail again, pulled him out of my helmet, and slung him to the left as hard as I could. This time it worked; sort-of. Spectacularly sort-of, so to speak.

Picture the scene. You are a cop. You and your partner have pulled off on a quiet residential street and parked with your windows down to do some paperwork.

Suddenly a large man on a huge black and chrome cruiser, dressed in jeans, a torn t-shirt flapping in the breeze and wearing one leather glove, moving at probably 80 mph on one wheel, and screaming bloody murder roars by and with all his strength throws a live squirrel grenade directly into your police car.

I heard screams. They weren't mine...

I managed to get the big motorcycle under directional control and dropped the front wheel to the ground. I then used maximum braking and skidded to a stop in a cloud of tire smoke at the stop sign at a busy cross street.

I would have returned to fess up (and to get my glove back). I really would have. Really. But for two things. First, the cops did not seem interested or the slightest bit concerned about me at the moment. One of them was on his back in the front yard of the house they had been parked in front of and was rapidly crabbing backwards away from the patrol car. The other was standing in the street and was training a riot shotgun on the police cruiser. So the cops were not interested in me. They often insist to let the professionals handle it anyway.

That was one thing. The other? Well, I swear I could see the squirrel, standing in the back window of the patrol car among shredded and flying pieces of foam and upholstery, and shaking his little fist at me. I think he was shooting me the finger! That is one dangerous squirrel. And now

he has a patrol car.

I took a deep breath, turned on my turn-signal, made an easy right turn, and sedately left the neighborhood.

As for my easy and slow drive home? Screw it. Faced with a choice of 80 mph cars and inattentive drivers, or the evil, demonic, attack squirrel of death...I'll take my chances with the freeway. Every time.

And I'll buy myself a new pair of gloves.

- Daniel Meyer

I think some of the same family of squirrels live on Hartford Ave. in PSJ. They deliberately jump into the path of cars to make them swerve. They own the road. - *Editor*

Getting Started in Watercolors

The Studios of Cocoa Beach in downtown Cocoa Beach is offering a one day class "Getting Started in Watercolors" for beginners to intermediate artists on Saturday, August 3rd from 9 am to 1 pm. The class will be taught by Ed Carlson, an award winning local artist with extensive teaching experience.

This four hour workshop offers the essential

basics of watercolor painting. The workshop will acquaint students with easy methods to paint bright and fresh watercolors with a limited color palette and learn to make economical decisions when purchasing supplies. No drawing experience is necessary. A sketch will be provided and students will apply the elements of color theory, composition, and dimensional effects to the painting.

Students are invited to bring their own supplies. However, Ed will provide the necessary paint, paper, tissues and watercups. By the end of the class you will have completed a beautiful watercolor "Harbor Sunrise." To register for this \$50 class, all Ed at 321-777-3400 or email skywinded.art@gmail.com. You can also register online at www.studiosofcocoabeach.org.

The Studios of Cocoa Beach, 165 Minuteman Causeway, Cocoa Beach is a non-profit gallery featuring the work of 30 plus local artists. The Studio is open Monday 10:30 am-3pm, Wednesday through Saturday 10:30 am-8pm and Sunday 11am-5pm. For more information on exhibits, artists, or the workshop schedule, visit www.studiosofcocoabeach.org or call 321-613-3480.

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Painting the Ocean Class

Ever look out at the ocean during a sunrise or sunset and wish you could paint its beauty? In this course, artist/instructor Jaymee Weinreich will demonstrate various techniques and assist students through at least four 9" x 12" acrylic paintings with an emphasis on sky, beach and ocean.

The first two paintings will create scenes chosen by the instructor, then students are invited to bring in their own photograph to paint. Oil paint is an option if a student prefers it.

This six week course takes place from 6:00 to 8:00 PM on Wednesdays at the Studios of Cocoa Beach, 165 Minuteman Causeway in downtown Cocoa Beach. The class begins Wednesday, August 14, and ends on Wednesday, September 18.

Cost of the class is \$125. A material list will be provided upon registration. A \$25 deposit is required by August 11 payable with Jaymee at jaymeeweinreich@gmail.com or call/text 787-640-6119 or on the Studios website: www.studiosofcocoabeach.org. Class size is limited so sign up early.

The Studios of Cocoa Beach is a non-profit gallery featuring the work of 30 plus local artists in many mediums. It also offers a full schedule



of workshops in a variety of techniques from beginner to advanced. The Studio is open Monday 10:30 am-3 pm, Wednesday through Saturday 10:30 am-8 pm and Sunday 11 am-4 pm. For more information on exhibits, Studio artists, or the complete workshop schedule, visit the website: www.studiosofcocoabeach.org or call 321-613-3480.

Beware of Latest Medicare Scam

DNA/Genetic testing schemes are on the rise! Each year, the Medicare program loses \$60 billion to fraud. The best way to reduce this figure is beneficiary education to prevent and reduce known pathways to fraudulent activities and unethical billing practices. The SHINE Senior Medicare Patrol Program has been hearing about DNA and genetic testing schemes in other parts of the country, and we recently learned that they are starting here in Florida.

What is the scam? Older adults at senior centers, housing complexes and other community locations are targeted by companies promoting "free" genetic testing, cancer screening or DNA testing. During an event, beneficiaries are asked to swab their cheek to collect a DNA sample which will be sent to the lab for analysis. They are then told falsely that the test will be covered 100% by Medicare, and all that is needed to process it is their Medicare number. This scam is resulting in fraudulent Medicare charges.

Other variations of this scam? Some Medicare beneficiaries are being contacted at home by phone and told that they will be sent a DNA testing kit in the mail. In these cases, the person is asked to perform the cheek swab at home and then return the kit in the mail for DNA analysis. The caller then asks for the person's Medicare number and reiterates that there will be no charge to the beneficiary. This is also false.

WHAT YOU NEED TO KNOW: All diagnostic x-rays tests, diagnostic laboratory tests and other diagnostic tests must be ordered by the physician who is treating the beneficiary; that is, the physician who furnishes a consultation or treats a beneficiary for a specific medical problem and who uses the results in the management of the beneficiary's specific medical problem. Tests not ordered by the physician who is treating the beneficiary are not reasonable and necessary (emphasis added). Medicare only covers one genetic test to screen for a cancer, i.e., Cologuard for colorectal cancer. The posturing of any other genetic test as a Medicare-covered screening benefit (available for free no less) should send up a red flag.

You're not fat, you're just easier to see.



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LIFE • HEALTH • ANNUITIES

Walter Butler Community Center - August, 2019

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 - 8 p.m., Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change.

Call 321-433-4448 for latest information.

Mondays - Fridays

Summer Camp, 7 a.m.-6 p.m. thru Aug. 9

Open Gym, 6-8 p.m.

Open Computer Lab, 6-8 p.m.

Tuesdays

Open Computer Lab, 6-8 p.m.

Open Gym, 6-8 p.m.

Wednesdays

Open Computer Lab, 6-8 p.m.

Volleyball Fundamentals, 5-8 p.m.

Thursdays

Pickleball, 11 a.m.-2 p.m.

Open Computer Lab, 6-8 p.m.

Volleyball Fundamentals, 5-8 p.m.

Fridays

Pickleball, 11 a.m. - 1 p.m.

Saturdays

Open Gym, 10 a.m. - 2 p.m.

Persons With Disabilities Dances are held at WBCC every 1st and 3rd Friday of the month from 7-9 p.m. all ages welcome. Contact Andrea Chestnut, 321-264-5058 or 321-264-5105.

Volleyball Fundamentals

Teaching proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike and more. Classes will be held on Wednesdays & Thursdays 5-8 p.m. For more information contact Walter Butler Community Center (321) 433-4448.

National Active and Retired Federal Employees Association (NARFE)

NARFE Apollo Chapter 1137 meets monthly on the second Monday of each month at Kay's BBQ Restaurant, SR 520 in Cocoa. You are invited to join us for lunch at 11:30 and an interesting speaker at 12:15.

No reservations required. Our website address is www.NARFE.org/Chapter1137.

Social Security Can Help If You're Young And Lose A Parent

By Blanca Taylor

Social Security Public Affairs Specialist

For young people whose parent passes away, Social Security is here. Losing a parent is both emotionally painful and, often times, devastating to a family's finances. In the same way that Social Security helps to lift up the disabled and seniors when they need it, we support families when an income-earning parent dies.

You should let Social Security know as soon as possible when a person in your family dies. Usually, the funeral director will report the person's death to Social Security. You'll need to give the deceased's Social Security number to the funeral director so they can make the report.

Some of the deceased's family members may be able to receive Social Security benefits if the deceased person worked long enough in jobs covered by Social Security to qualify for benefits. Contact Social Security as soon as possible to make sure the family gets all the benefits they're entitled to. Please read the following information carefully to learn what benefits may be available.

Your unmarried child can get benefits if they're:

- o Younger than age 18;
- o 18-19 years old and a full-time student (no higher than grade 12); or
- o 18 or older with a disability that began before age 22.

To get benefits, a child must have:

- o A parent who's disabled or retired and entitled to Social Security benefits; or

- o A parent who died after having worked long enough in a job where they paid Social Security taxes.

Benefits stop when your child reaches age 18 unless your child is a student in secondary school or disabled.

Within a family, a child can receive up to half of the parent's full retirement or disability benefit. If a child receives Survivors benefits, he or she can get up to 75 percent of the deceased parent's basic Social Security benefit.

There is a limit to the amount of money that we can pay to a family. This family maximum is determined as part of every Social Security benefit computation. It can be from 150 to 180 percent of the parent's full benefit amount. If the total amount payable to all family members exceeds this limit, we reduce each person's benefit proportionately (except the parent's) until the total equals the maximum allowable amount.

Children with disabilities may also be eligible for benefits. You can read more about Benefits for Children with Disabilities at www.socialsecurity.gov/pubs/EN-05-10026.pdf.

Post 359 - American Legion Riders presents

Bike Days at the Tiki

August 3, 1 - 5:00 p.m.

Listen to live music. Enjoy great food. Meet new friends and share riding stories.

Drawings, 50/50. All proceeds to benefit veterans and veterans' families

7260 S. US Hwy. 1 Bellwood (just north of Port St John), 321-268-1632.

Contact Janice Anderson, Events Coordinator, American Legion Riders Post 359 at info@alr359.com for more information.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues.

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roster to CGHI members? Yes No

Won't you come join us? We meet the 2nd Thursday of the month at Discovery Church, 3925 Grissom Pkwy. at 7:00 PM. www.CanaverallGrovesHOA.com



SLEEPY HOLLOW



Fruit From The Groves

Please remember there is no Canaveral Groves Homeowners meeting in August. Hopefully, everyone will attend the September 12, 2019 meeting at the Discovery Church on Grisom Parkway at 7pm. Please bring others from the community to attend.

As I am writing this we have not had a hurricane or tropical depression effect us; hopefully this will continue. This article has to be in the Happenings by the 17th of every month in order for the public to receive the information by the 1st. With any luck, there won't be a storm prior to the distribution of Happenings.

Here are some things you need to do prior to a storm.

- check with your insurance agent well before a hurricane for an insurance check up.
- regular homeowner insurance does NOT cover flooding and wind-driven rain. Make sure you know your risk. Being prepared can reduce fear and help you recover from a disaster faster.
- video all contents within your house - every room, and in particular special items.
- have your insurance papers, legal documents & medications in a water-tight container.
- make sure your family is aware of where you intend to go if you are leaving the area.
- if you have a specific medical condition or need electricity to survive or have a caregiver and have no options for a safe shelter, you can register with Brevard County Special Needs Register at www.embrevard.com or 321-376-6670.
- keep updated with local news and weather with a battery powered radio or television. Remember to only listen to official broadcasts and not social media or rumors.
- assemble enough food and water for up to 5 days. Make make sure you have a weeks worth of medications.
- be sure you know how to evacuate the Groves if it becomes necessary as some streets

may be blocked by downed trees and/or power lines.

- NEVER EVER walk through standing water; 6" of fast moving water can knock an adult off their feet to be swept away; 12" -14" of fast moving water can move most SUVs and large trucks; There also can be diseases and other things in the water that can hurt you.

- wildlife may come out into the residential areas because of high water or damage to their habitat.

- family pets can also become scared and disoriented.

- some of our main roads have culverts under them and could become unsafe in a storm causing washouts.

- please talk to your neighbors before the storm and ask what they are doing after the storm when it's safe to check on them.

The best information for this area can be located on the Brevard County Emergency Management website. PLEASE be safe with your generators. When running, generators create carbon monoxide and can kill you. They are to be used OUTSIDE only. Also, do not plug your generator into your house electricity without throwing the main breaker OFF on the FPL power box attached to your house as this can cause a FPL lineman to be electrocuted or extreme damage to your house and generator when the power comes back on.

Remember your pets. There are very few shelters that will accept them. Make sure they are contained and have adequate food and water. The locations of pet friendly shelters can be found on the Brevard County Emergency Management web page.

DO NOT CALL 911 FOR INFORMATION. This number is only for actual emergencies.

Please be safe out there and stay informed.

Ed Silva, President

Canaveral Groves Homeowners Association

To Canaveral Groves community:

I want to reach out to those people of Canaveral Groves who stepped in with their help on Wednesday, June 19th when I had a motorcycle accident, from the wonderful woman who saw the accident to the woman who drove me to my house where the paramedics came and took me to Life Flight, then to Holmes Regional Hospital (I am doing fine.)

I also want to thank Trooper Smith of the Florida Highway Patrol, who waited with my wife for three hours for the tow truck to show up. Once again, THANK YOU all for your help.

- Fred B.

First Responder Showcase

The SPCA of Brevard is hosting its third annual Men on Fire first responder showcase event on Saturday, August 3rd, at the Holiday Inn Viera Conference Center in Melbourne from 6-9 pm. This event features the hottest first responders on the Space Coast lighting up the runway with adoptable dogs to raise funds for the largest private no-kill shelter in Brevard.

Tickets start at \$40 for general admission and are \$60 for VIP, which includes early admission and a meet and greet with first responders. Admission includes heavy hors d'oeuvres, cash bar, raffles, and more! Attendees are encouraged to bring dollar bills to vote for their favorite first responder/dog combo as they strut the catwalk.

"We are excited to be hosting our third year of Men on Fire. Each year has grown to include more fire fighters and first responders – both men and women – who are passionate about helping homeless pets in our community," said Susan Naylor, public relations for the SPCA. "This year we have a few additional surprises up our sleeve that we can't wait to reveal!"

This event sold out both previous years, advanced tickets are recommended. To purchase tickets or for additional questions, call 321-567-3615 ext. 248 or visit www.spcabrevard.com.

Catherine Schweinsberg Rood Central Library

308 Forrest Avenue, Cocoa
(321) 633-1792

August -2019 Calendar of Events

Adult Programs

Enjoy an atmosphere of relaxation and creativity at Adult Coloring on Mondays from 10 am 'til noon. Supplies are provided. FREE.

Let Ree show you how to make quality, ornate gift cards for any occasion at her Art Gallery Cards class on Mondays at 10 am or 1 pm. A \$10 charge covers supplies and instruction.

Participate in the Watercolor Techniques class with Pearl Ollie on Tuesdays from 10 am 'til noon. All skill levels are welcome. Cost is \$10, supplies included.

Join Jeanette in her Stick Fitness exercise class on Tuesdays and Thursdays at 6:30 pm! It's an upbeat, fun, energetic and rhythmic way to get in shape! Cost is \$5 per class. Bring a mat/towel.

Learn how to download e-books and e-audio-books to your mobile device at the Overdrive and Libby class on Wednesday, August 7 at 10 am. Cost is \$5. Pre-register with Reference at 321-633-1792. Please bring mobile device.

Come out for Popcorn and a Movie on Thursday, August 8 at 2 pm, showing 2018 biographical thriller film about the Mumbai attacks of 2008 at the Taj Mahal Palace Hotel in India. Rated R. FREE.

Discover Natural Solutions For Sleep Problems with Sylvie Morin, Doctor of Oriental Medicine, on Friday, August 9 at 10 am. FREE.

Join the monthly Mystery Book Club discussion where everyone reads a different book on a common theme. August's theme is Academics. The discussion will be on Thursday, August 15 from 12:15 pm- 2:15 pm. Contact the Reference Desk at 321-633-1792 for further details.

Join us for a performance by the Adagio Sax Quartet on Sunday, August 18 at 3 pm. The group will perform a concert of classical music with a touch of tango and ragtime. FREE.

Get uplifted at the Japa Mediation Class on Monday, August 19 at 10 am. Experience deep peace and relaxation at this one-hour class. Mala prayer beads will be provided to participants. FREE.

Learn the fundamentals of email at our Tech-

nology Class on Wednesday, August 21 at 10 am. Cost is \$5. Pre-register.

A representative from CareerSource Brevard will show participants how to create a resume at the Resume Writing Class on Wednesday, August 21 at 2 pm. FREE. Please pre-register with Reference.

Come out for Popcorn and a Movie on Thursday, August 22 at 2 pm showing the 2018 drama about a standoff between police and a group of homeless library patrons who refuse to leave at closing time. Rated PG-13. FREE.

Learn calming relaxation techniques at the Inner Peace Meditation class on Thursday, August 22 at 6:30 pm. Cost is \$5.

Blood Test Could Spot Multiple Cancer Types

A gene-based blood test can accurately detect breast, colorectal, lung, ovarian, pancreatic, gastric or bile duct cancers in patients, researchers report. The test uses artificial intelligence to identify and interpret "fragments" of DNA in the blood that indicate the presence of cancer, explained researchers led by Dr. Victor Velculescu. He helps direct the Cancer Biology Program at the Johns Hopkins Kimmel Cancer Center in Baltimore.

In the new study, the test -- called DELFI (DNA evaluation of fragments for early interception) -- accurately detected cancer in 73% of cancer patients overall, and only misclassified four out of 215 patients, meaning it had just a 2% error rate.

"DELFI helps identify the presence of cancer by detecting abnormalities in the size and amount of DNA in different regions of the genome based on how it is packaged," said lead author Jillian Phallen, a postdoctoral fellow at the Kimmel Cancer Center.

Still, this is just a proof-of-concept study, the researchers said, and more research is needed before it reaches routine use.

But such "liquid biopsies" are a holy grail of cancer research, potentially making cancer diagnosis easier and faster, and avoiding the need for invasive tissue biopsies.

Many blood-based biopsies are under development, but DELFI relies on a slightly different strategy than most. According to the Hopkins

team, the test examines the way DNA is packaged within the cell nucleus. While healthy cells package their DNA in ordered, predictable ways, cancer cells do not -- instead, DNA appears more disordered and random.

This "means that when cancer cells die they release their DNA in a chaotic manner into the bloodstream," Phallen explained in a Hopkins news release. And it's these disorganized bits of DNA that the new test detects.

In the new trial, involving 208 cancer patients, DELFI accurately spotted one of seven cancers between 57% and 99% of the time in blood samples, the team reported May 29 in the journal Nature.

The study group included 54 breast cancer patients, 27 colorectal cancer patients, 12 lung cancer patients, 28 ovarian cancer patients, 34 pancreatic cancer patients, 27 gastric cancer patients and 26 bile duct cancer patients.

Genomic testing from these patients was compared to results from a comparison group of 215 healthy individuals.

As expected, the DNA fragmentation "profiles" of the healthy individuals were more ordered and much less variable than those of the cancer patients.

Besides simply spotting the presence of a cancer, the new blood test was between 61% and 75% accurate in determining the tissue of origin of the tumor, the study authors reported. And when data from DELFI was added to another mutation-based analysis of "cell-free" DNA, this analysis accurately spotted tumors in 91% of the cancer patients, the investigators found.

This research remains in its early stage. However, "we're encouraged about the potential of DELFI because it looks at a completely independent set of cell-free DNA characteristics from those that have posed difficulties over the years," Velculescu said. "We look forward to working with our collaborators worldwide to make this test available to patients."

The researchers added that because the blood test is easy to administer and analyze in the lab, it could also prove to be a cost-saver.

For current guidelines on cancer screening, head to the American Cancer Society. This information is courtesy of Johns Hopkins Kimmel Cancer Center, news release May 29, 2019.

The care you need, close to home.

Parrish Medical Center and Mayo Clinic—Working Together.

Parrish Medical Center is a member of the Mayo Clinic Care Network, a network of organizations that share a commitment to better serving patients and their families. Here's a look at how this collaboration improves health care in North Brevard County.

COLLABORATING WITH **MAYO CLINIC** MEANS:



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